

Westside Optometry Newsletter for April 2014



Westside Optometry

Issue No. 24

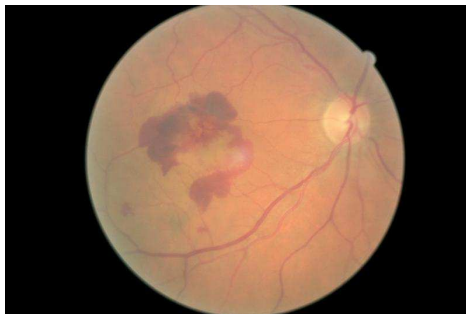
"Enhancing lives with personalized vision care"

Dear Karen,

I've been receiving random congratulations the last few days and finally learned that I've been voted as Best Petaluma Optometrist for 2014 by the Petaluma People's Choice Awards. I'm truly flattered and honored. Many thanks to all who voted and to my fabulous staff at Westside Optometry: Maureen, Peg, Nannette, Margaret and Dr. Staton.

Karen Griffith
(707)762-8643
drgriffith@westsideoptometry.net
Westside Optometry

Macular Degeneration

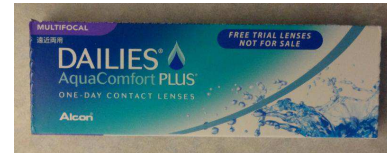


Age-Related Macular Degeneration (AMD) is a chronic disease of the central part of the retina, the macula.

The macula is important for clear vision and color vision. Any change in the macula will significantly impair vision. AMD is the leading cause of blindness in the Western world. To learn more about symptoms, risk factors, treatment and prevention [CLICK HERE](#).

New Contact Lens

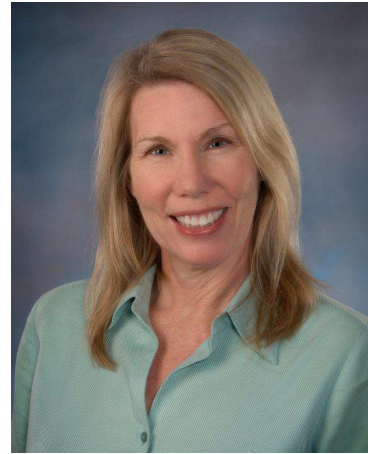
Fresh out of the packing boxes and now available at Westside Optometry, multifocal daily use contact lenses. Daily use contact lenses have been an excellent choice for



intermittent wear, solution sensitivity and ease of care. Until now there were limited options for presbyopia - monovision or reading glasses. This new lens has multifocal optics similar to the monthly replacement contact lenses, but the advantages of a new fresh lens with each use.

Is the Sun Dangerous for Your Eyes?

Continual exposure to [Ultraviolet \(UV\) radiation](#) can cause premature aging of your eyes. Research shows that cumulative exposure to UV radiation can increase the development of cataracts, macular degeneration and eye cancers. Whether it's cloudy or sunny, protect your eyes from harmful UV rays with [good quality sunglasses](#).



Dr. Karen Griffith is the primary optometrist and owner of Westside Optometry. She has been in practice since 1988.

Westside Optometry is located at 320 Petaluma Blvd. South in Petaluma. (707) 762-8643

Like us on Facebook 

Visit our blog

 Forward to a Friend

Office Hours

Monday and Wednesday 8:30 - 5:00

Tuesday and Thursday 9:00 - 6:00

Friday 8:30 - 12:00

Saturday, May 3rd, 8:00 -12:00

(707) 762-8643

[Forward this email](#)

 SafeUnsubscribe™

Trusted Email from
Constant Contact
Try it FREE today.

This email was sent to info@westsideoptometry.net by info@westsideoptometry.net | [Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

Westside Optometry | 320 Petaluma Blvd. South | Petaluma | CA | 94952